

3.75 CME Credits available for physicians.  
Certificates of Attendance for nurses and  
other health care professionals.

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**CHRONIC  
FATIGUE  
SYNDROME  
(ME/CFS)  
CONFERENCE  
Sunday, October 21 , 2012**

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**(ME/CFS):  
PROGRESS IN RESEARCH, DIAG-  
NOSIS AND TREATMENT**

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**Sheraton Eatontown Hotel  
Conference Center  
Eatontown, New Jersey**

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**NJCFSA Fall 2012 Conference  
Co-sponsored by**

 **BARNABAS HEALTH**  
 Monmouth Medical Center



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**(ME/CFS):  
PROGRESS IN RESEARCH, DIAGNOSIS AND TREATMENT**

**PROGRAM**

- 11:30 -12:30 pm Registration, exhibits, auction and buffet lunch
- 12:30 - 12:45 pm Susan M. Levine, MD: Introduction and Welcome  
Malcolm Schwartz, DO: Moderator
- 12:45 - 1:45 pm Lucinda Bateman, MD: ME/CFS Diagnosis and Treatment:  
Signs of Progress and Reasons for Optimism
- 1:45 - 2:30 pm Natalia Palacios, ScD: The Epidemiology of CFS in a Large  
Study of Female Nurses
- 2:30 - 2:45 pm Coffee, tea, and beverage break
- 2:45 - 3:00 pm Awards Presentation
- 3:00-3:45 pm Wilfred van Gorp, PhD, ABPP: Evaluating the Brain Effects of  
Chronic Fatigue Syndrome in Children, Adolescents and  
Adults
- 3:45-4:30 Susan M. Levine, MD: Forming Successful Clinical/Research  
Collaborations to Conquer the Enigma of CFS
- 4:30-5:00 Question and Answer Panel Session—All Speakers
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Monmouth Medical Center relies upon faculty in its CME programs to provide educational information that is objective and as unbiased as possible. In accordance with the nationally accepted guidelines, faculty is asked to indicate any commercial relationship that might be perceived as a real or apparent conflict of interest.

## ABOUT THE CONFERENCE

The annual fall conference of the New Jersey Chronic Fatigue Syndrome Association, Inc. (NJCFSA) is co-sponsored by Monmouth Medical Center. It will provide information on Chronic Fatigue Syndrome (ME/CFS) and Fibromyalgia to primary care physicians; specialists in endocrinology, immunology, infectious diseases, and pediatrics; nurses, and other health care providers. ME/CFS/FM patients and their families will benefit from up-to-date information on research and treatment, as well as from an opportunity to network with advocates in the patient and medical communities.

**DATE:** Sunday, October 21, 2012  
**TIME:** 11:30 am - 5:00 pm  
**LOCATION:** Sheraton Eatontown Hotel  
Conference Center  
6 Industrial Way East  
Eatontown, NJ 07724  
**ADMISSION:** Register by October 9th: \$40  
(\$35 for active NJCFSA Members)  
Register on Conference Day: \$45

**NJCFSA Information Help Line:** 888-835-3677

Registration includes buffet lunch, program handouts, and free parking. For health considerations, this conference is fragrance-free, smoke-free and pet-free.

**Directions to the Sheraton:** Garden State Parkway to exit 105, Route 36 East to Route 35 South to Industrial Way East. The Sheraton is 5 minutes from the Garden State Parkway exit.

### ***Accommodations at the Sheraton:***

To reserve a room at a discounted rate of \$129 per night at the Sheraton Eatontown Hotel, please call 732-542-6500 by September 12th and refer to the NJCFSA Fall 2012 Conference.

### *Other hotels in the area:*

Holiday Inn, Tinton Falls      800-HOLIDAY  
Red Roof Inn, Tinton Falls      800-REDROOF  
Days Inn, Neptune      800-DAYS-INN

## ABOUT THE SPEAKERS

**Susan M. Levine, MD**, is a Board Certified Infectious Disease Specialist with a primary interest in Chronic Fatigue Syndrome (ME/CFS) and Fibromyalgia. Dr. Levine was a contributing author to "A Consensus Manual For the Primary Care and Management of Chronic Fatigue Syndrome". She has been involved in several clinical research projects with the US Centers for Disease Control, the NJ Dept. of Health and with various laboratory investigators.

**Malcolm Schwartz, DO, FACOP**, an Endocrinologist, specializes in the treatment of diabetes, thyroid conditions and hormone deficiencies in infants, children and adolescents. He diagnoses and treats those with ME/CFS. He holds board certifications in pediatrics and pediatric endocrinology and is an Associate Professor of Pediatrics at The Drexel College of Medicine.

**Lucinda Bateman MD, PC** attended medical school at Johns Hopkins and is certified by the American Board of Internal Medicine. She focuses on the diagnosis and management of ME/CFS and FM. She is the Executive Director of OFFER (Organization for Fatigue and Fibromyalgia Education and Research), and has served on the boards of the IACFS/ME, the CFIDS Association of America, and Easter Seals Utah and is director of Fatigue Consultation Clinic.

**Natalia Palacios, ScD**, is a Research Associate at the Harvard School of Public Health. Her areas of interest include the epidemiology of Parkinson's disease, Multiple Sclerosis, Amyotrophic Lateral Sclerosis, Irritable Bowel Syndrome and Chronic Fatigue Syndrome. Natalia received her BA magna cum laude (phi beta kappa) in Biochemistry from Rice University, her Masters in Epidemiology from Harvard University and her PhD in Nutritional Epidemiology from Harvard University.

**Wilfred van Gorp, PhD, ABPP**, is certified by the American Board of Professional Psychology and a national expert in neuropsychology. He currently directs the Center for Cognitive Assessment in Manhattan. He has led the Neuropsychology testing programs in three of the nation's leading medical school Departments of Psychiatry: UCLA, Cornell and Columbia University. His career has focused exclusively on neuropsychological testing and neuropsychological evaluation of persons with various medical, neurologic and psychiatric conditions that can affect memory and cognition. He has served on the American Psychological Association's Council of Representatives, is a former President of the American Academy of Clinical Neuropsychology, and Editor of the Journal of Clinical and Experimental Neuropsychology.

### **About ME/CFS**

Chronic Fatigue Syndrome, also known as Myalgic Encephalomyelitis (ME), is a serious, often disabling illness that attacks all body systems. Over 1 million American men, women and children suffer from ME/CFS. As yet, there is no cure, and treatment is aimed at symptom relief. However, promising multi-disciplinary, multi-national research and new technologies are advancing treatment protocols for ME/CFS patients worldwide.

### About CME Credit

"This activity has been planned and implemented in accordance with the Essential Areas, Standards and Policies of the Medical Society of New Jersey through the joint sponsorship of Monmouth Medical Center and NJCFSA, Inc.

#### Accreditation

"The Monmouth Medical Center is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians."

#### Designation

"The Monmouth Medical Center designates this live activity for a maximum of 3.75 AMA PRA Category 1 credits<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity."

Target Audience: Primary Care, Internal Medicine, Infectious Disease and Endocrinology Physicians. Nurses and other healthcare providers are welcomed.

Objectives: At the completion of this conference, the participants should be able to:

-Review diagnostic criteria and treatment options for Chronic fatigue syndrome (ME/CFS) and evaluate how recent progress has affected the management of this illness.

- Demonstrate how epidemiological studies of ME/CFS have helped to increase our knowledge of risk factors, possible causes and prognosis for ME/CFS

- Evaluate the effects of ME/CFS on the brain and show how this impacts cognitive function in both adults and children with ME/CFS

- Summarize the benefits which can be obtained from a collaborative partnership between clinicians and researchers in helping to understand the complexities of ME/CFS.

CME participants must pre-register for the conference and for CME credit. CME and conference registration: \$95. On conference day, sign in & pick up materials.

■ ■ BARNABAS HEALTH  
■ ■ Monmouth Medical Center



## **NJCFSA FALL 2012 CONFERENCE**

### **REGISTRATION FORM**

*Please fill out and detach this form /  
copy form for additional attendees*

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime phone # \_\_\_\_\_

E-mail Address \_\_\_\_\_

**Preregistration Conference Fee**  
**(fully paid NJCFSA members):** \$35 \$ \_\_\_\_\_  
**(unpaid & non-members.):** \$40 \$ \_\_\_\_\_  
**NJCFSA membership:** \$30 \$ \_\_\_\_\_  
**(Optional)**  
**CME Participants** \$95 \$ \_\_\_\_\_  
**TOTAL** \$ \_\_\_\_\_

### ***At Door Registration: \$45***

Make check payable to: **NJCFSA, Inc. and mail to**

**NJCFSA Fall 2012 Conference**

**P.O. Box 477**

**Florham Park, NJ 07932**

*Your returned check will be your receipt.*

## **ABOUT NJCFSA**

NJCFSA is a non-profit organization that supports ME/CFS patients and their families with the following: Phone Help Line, [njcfsa.org](http://njcfsa.org) website and Facebook page, physician and attorney referrals, current medical information, NJCFSA Journal, support groups, lending library, medical conferences, fundraisers, funding for ME/CFS research, medical school and high school student scholarships, public education, publicity and media coverage, public policy and advocacy.

**Please support the activities of  
NJCFSA by becoming a member  
for only \$30 annually!**