

5 CME Credits available for physicians.
Certificates of Attendance for other
health care professionals. Nursing
Contact Hours are being explored.

CHRONIC FATIGUE SYNDROME (ME/CFS) CONFERENCE

Sunday, October 16 , 2011

NEW HORIZONS IN PUBLIC HEALTH, TREATMENT, AND DI- AGNOSIS OF CHRONIC FATIGUE SYNDROME (ME/CFS)

Sheraton Eatontown Hotel
Conference Center
Eatontown, New Jersey

NJCFSA Fall 2011 Conference
Co-sponsored by

■ ■ MONMOUTH
■ ■ MEDICAL CENTER
An affiliate of the Saint Barnabas Health Care System



NEW HORIZONS IN PUBLIC HEALTH, TREATMENT, AND DIAGNOSIS OF CHRONIC FATIGUE SYNDROME (ME/CFS)

- 11:30 –12:30 pm Registration, exhibits, auction and buffet lunch
- 12:30 – 12:45 pm Susan M. Levine, MD.: Introduction and Welcome
Malcolm Schwartz, DO, Moderator.
- 12:45 – 1:45 pm Elizabeth R. Unger, Ph.D., M.D.: “A Public Health Approach to Chronic Fatigue Syndrome.”
- 1:45 – 2:45 pm Charles W. Lapp, M.D.: “Feeling Better: Clinical Strategies for CFS Management.”
- 2:45 – 3:00 pm Coffee, tea, and beverage break
- 3:00 – 3:15 pm Awards Presentation
- 3:15-4:15 pm Benjamin H. Natelson, M.D.: “CFS Diagnosis: Lumper or Splitter.”
- 4:15-5:00 Question and Answer Panel Session—All Speakers
-

Monmouth Medical Center relies upon faculty in its CME and Nursing Continuing Education programs to provide educational information that is objective and as unbiased as possible. In accordance with the nationally accepted guidelines, faculty is asked to indicate any commercial relationship that might be perceived as a real or apparent conflict of interest.

ABOUT THE CONFERENCE

The annual fall conference of the New Jersey Chronic Fatigue Syndrome Association, Inc. (NJCFSA) is co-sponsored by Monmouth Medical Center. It will provide information on Chronic Fatigue Syndrome (ME/CFS) and Fibromyalgia to primary care physicians; specialists in endocrinology, immunology, infectious diseases, and pediatrics; nurses, and other health care providers. ME/CFS/FM patients and their families will benefit from up-to-date information on research and treatment, as well as from an opportunity to network with advocates in the patient and medical communities.

ABOUT THE SPEAKERS

Susan M. Levine, MD, is a Board Certified Infectious Disease Specialist with a primary interest in Chronic Fatigue Syndrome (ME/CFS) and Fibromyalgia. Dr. Levine was a contributing author to "A Consensus Manual For the Primary Care and Management of Chronic Fatigue Syndrome". She has been involved in several clinical research projects with the US Centers for Disease Control, the NJ Dept. of Health and with various laboratory investigators.

Malcolm Schwartz, DO, FACOP, an Endocrinologist, specializes in the treatment of diabetes, thyroid conditions and hormone deficiencies in infants, children and adolescents. He diagnoses and treats those with ME/CFS. He holds board certifications in pediatrics and pediatric endocrinology and is an Associate Professor of Pediatrics at The Drexel College of Medicine.

Elizabeth R. Unger, PhD, MD has a PhD in Experimental Pathology from the University of Chicago, and is certified in Anatomic Pathology by the American Board of Pathology. She joined the Centers for Disease Control and Prevention (CDC) in 1997 to apply molecular pathology methods to address Human Papillomavirus and Chronic Fatigue Syndrome. She is Chief of the Chronic Viral Diseases Branch at CDC.

Charles W. Lapp, M.D. Director, Hunter-Hopkins Center, Charlotte, NC and Assistant Consulting Professor, Duke University Medical Center, Durham, NC, began researching CFS/ME and FM in 1985 following a small epidemic in Raleigh. In 1996 he opened a consultation practice in Charlotte, NC, specializing in CFS/ME, FM, and related disorders. He has been a consultant to the Center for Disease Control and the Department of Health & Human Services, medical advisor to the CFIDS Association of America, and a board member of the International Association for CFS/ME.

Benjamin H. Natelson, M.D., received his MD at the University of Pennsylvania. He was Professor of Neurosciences at the New Jersey Medical School in Newark where he directed a research center into the causes of chronic fatigue syndrome (CFS). He has served as President of the Pavlovian Society and of the Academy of Behavioral Medicine Research. He now directs the Pain & Fatigue Study Center at the Department of Pain and Palliative Care, Beth Israel Medical Center in Manhattan and is a Professor of Neurology at the Albert Einstein College of Medicine.

About ME/CFS

Chronic Fatigue Syndrome, also known as Myalgic Encephalomyelitis (ME), is a serious, often disabling illness that attacks all body systems. Over 1 million American men, women and children suffer from ME/CFS. As yet, there is no cure, and treatment is aimed at symptom relief. However, promising multi-disciplinary, multi-national research and new technologies are advancing treatment protocols for ME/CFS patients worldwide.

About CME Credit

"This activity has been planned and implemented in accordance with the Essential Areas, Standards and Policies of the Medical Society of New Jersey through the joint sponsorship of Monmouth Medical Center and NJCFSA, Inc."

Accreditation

"The Monmouth Medical Center is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians."

Designation

"The Monmouth Medical Center designates this live activity for a maximum of 5 *AMA PRA Category 1 credits*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity."

Target Audience: Primary Care, Internal Medicine, Infectious Disease and Endocrinology Physicians. Nurses and other healthcare providers are welcomed.

Objectives: At the completion of this conference, the participants should be able to:

-Describe the main activities of the CDC's CFS program and explain how information from epidemiological studies can be used to reduce CFS morbidity.

-Discuss some effective clinical strategies for the management of Chronic fatigue syndrome and review the most useful therapies.

-Define the clinical and biomedical differences between Chronic Fatigue Syndrome, Fibromyalgia and Post Lyme Syndrome and explain how these differences might lead to diagnostic biomarkers to distinguish each illness.

CME participants must preregister for the conference and for CME credit. Call Kathy Fiore: (732) 923-6790. CME and conference registration fee: \$95. On conference day, sign in & pick up materials at the registration desk.

NJCFSA FALL 2011 CONFERENCE

REGISTRATION FORM

*Please fill out and detach this form /
copy form for additional attendees*

Name _____

Address _____

City/State/Zip _____

Daytime phone # _____

E-mail Address _____

Preregistration Conference Fee

(fully paid NJCFSA members): \$35 \$ _____

(unpaid & non-members.): \$40 \$ _____

NJCFSA membership: \$30 \$ _____

(Optional)

TOTAL \$ _____

At Door Registration For All: \$45

Make check payable to: NJCFSA, Inc.

Your returned check will be your receipt.

Mail check and this form to:

NJCFSA Fall 2011 Conference

P.O. Box 477

Florham Park, NJ 07932

ABOUT NJCFSA

NJCFSA is a non-profit organization that supports ME/CFS patients and their families with the following: Phone Help Line, website, physician and attorney referrals, current medical information, NJCFSA Journal, support groups, lending library, medical conferences, fundraisers, funding for ME/CFS research, medical school and high school student scholarships, public education, publicity and media coverage, public policy and advocacy.

**Please support the activities of
NJCFSA by becoming a member
for only \$30 annually!**

DATE: Sunday, October 16, 2011
TIME: 11:30 am - 5:00 pm
LOCATION: Sheraton Eatontown Hotel
Conference Center
6 Industrial Way East
Eatontown, NJ 07724
ADMISSION: Register by October 4th: \$35
Register on Conference day: \$45

NJCFSA Information Help Line: 888-835-3677

Registration includes buffet lunch, program handouts, and free parking. For health considerations, this conference is fragrance-free, smoke-free and pet-free.

Directions to the Sheraton: Garden State Parkway to exit 105, Route 36 East to Route 35 South to Industrial Way East. The Sheraton is 5 minutes from the Garden State Parkway exit.

Accommodations at the Sheraton:

To reserve a room at a discounted rate of \$129 per night at the Sheraton Eatontown Hotel, please call 732-542-6500 by September 12th and refer to the NJCFSA Fall 2011 Conference.

Other hotels in the area:

Holiday Inn, Tinton Falls 800-HOLIDAY
Red Roof Inn, Tinton Falls 800-REDROOF
Days Inn, Neptune 800-DAYS-INN

**MONMOUTH
MEDICAL CENTER**
An affiliate of the Saint Barnabas Health Care System

