



NEW JERSEY CHRONIC FATIGUE SYNDROME ASSOCIATION RESOURCE LIST

MANUALS

A Consensus Manual for the Primary Care and Management of Chronic Fatigue Syndrome, Edited by Joseph F. John, Jr., M.D. & James M. Oleske, M.D., MPH, The Academy of Medicine of N.J., The University of Medicine and Dentistry of N.J., The N.J. Department of Health & Senior Services, copyright 2002, the manual is currently out of print but **free** download is available at <http://www.njcfsa.org>

BOOKS

- Cellular Hypoxia and Neuro-Immune Fatigue, Myalgic Encephalomyelitis, Chronic Fatigue Syndrome, Fibromyalgia, Orthostatic Intolerance/Dysautonomia, Multiple Chemical Sensitivities, Chronic Lyme Disease**, David S. Bell, MD, FAAP
- M.E.: Chronic Fatigue Syndrome: A Practical Guide**, Dr. Anne MacIntyre
- Missed Diagnoses Myalgic Encephalomyelitis & Chronic Fatigue Syndrome**, Byron Hyde M.D.
- Strategies: A Chronic Fatigue Syndrome and Fibromyalgia Journey**, Tami Brady
- Explaining “Unexplained Illnesses”** Martin L. Pall, PhD
- Just for a Season, My Journey With Severe Chronic Fatigue Syndrome**, Andrea Rowland
- Recovery From CFS- 50 Personal Stories**, Alexandra Burton
- Defeat CFS: You Don’t Have to Live With It-An Eight Step Protocol**, Martha E. Kilcoyne, 2007
- The Feel-Good Guide to FM & CFS: A Comprehensive Resource for Recovery**, Lynette Bassman, PhD, 2007
- Chronic Fatigue Syndrome for Dummies**, Susan R. Lisman, M.D., Karla Dougherty, 2007
- Sacred Space: ME/CFS, Depression, Anxiety and Stress-A Guide to Healing & Recovery**, Elizabeth Bailey 2006
- Handbook of Chronic Fatigue Syndrome**, Leonard A. Jason, PhD, Patricia Fennell, Renee Taylor, PhD
- Chronic Fatigue Syndrome, A Biological Approach**, Edited by Patrick Englebienne, Kenny DeMeirleir
- Encounters with the Invisible: Unseen Illness, Controversy, and Chronic Fatigue Syndrome**, Dorothy Wall
- Harnessing the Wind, CFS and My Son**, Shanon McQuown
- Chronic Fatigue Syndrome, Fibromyalgia, and Other Invisible Illnesses: A Complete and Compassionate Guide**, Katrina Berne, PhD & Daniel Peterson M.D.
- A Parent’s Guide to CFIDS, How to be an Advocate for your Child with Chronic Fatigue Syndrome**, David S. Bell, M.D., Mary Robinson, MEd, Jean Pollard, AS, Tom Robinson, MS, CAS, Bonnie Floyd, M.A.
- When I Cry Wolf: A Society Lost to Chronic Fatigue Syndrome and Mold**, Sharon Kirk, PhD
- Chronic Fatigue, Fibromyalgia & Lyme Disease**, Burton Goldberg and Larry Trivieri, Jr. Second Edition
- Nothing Short of a Miracle: One Woman’s Journey Through Chronic Fatigue Syndrome, Fibromyalgia, Chiari Malformation**, Nelma Jean Bryson
- Chronic Fatigue Syndrome: A Treatment Guide**, Erica Verillo & Lauren Gelman
- A Clinician’s Guide to Controversial Illnesses: Chronic Fatigue Syndrome, Fibromyalgia, and Multiple Chemical Sensitivities** Renee Taylor, PhD, Fred Friedberg, PhD, & Leonard Jason, PhD
- Concise Encyclopedia of Chronic Fatigue Syndrome**, Roberto Patarca-Montero, M.D
- We’re Not in Kansas Anymore, CFS & The Politics of Disease**, Rik Carlson
- Making the Best of Orders to Rest, A Path to Peace for the Chronically Ill**, Annabel Hobbs
- Parting the Fog: The Personal Side of Fibromyalgia/Chronic Fatigue Syndrome**, Sue Jones
- Treating and Beating Fibromyalgia and Chronic Fatigue Syndrome: The Definitive Guide for Patients and Physicians** Dr. Roger H. Murphee
- Living Well with Chronic Fatigue Syndrome and Fibromyalgia: What Your Doctor Doesn’t Tell You...That you Need To Know** Mary J. Shoman
- The Doctor’s Guide to Chronic Fatigue Syndrome**, David S. Bell, M.D.
- Treatment of Chronic Fatigue Syndrome in the Antiviral Revolution Era**, Roberto Patarca-Montero, M.D.

Chronic Illness Workbook: Strategies and Solutions for Taking Back Your Life, Patricia A. Fennell
Adolescence and Myalgic Encephalomyelitis/Chronic Fatigue Syndrome, “Journey with the Dragon” Naida Edgar
 Brothrston, MSW, RSW
Finding Strength in Weakness, Help and Hope for Families Battling CFS, Lynn Vanderzalm
From Fatigued to Fantastic, Jacob Teitelbaum, M.D.
Alternative Treatments for Fibromyalgia & CFS, 2nd Edition, Mari Skelly & Helen Walker
Chronic Fatigue Syndrome and the Yeast Connection, William G. Crook, M.D.
Nolo’s Guide to Social Security Disability: Getting and Keeping Your Benefits, 2nd Ed, David A. Morton, M.D.

Special Note: Applicants for the New Jersey Medical School Chronic Fatigue Syndrome (CFS) Scholarship may wish to access websites in the initial stages of their learning about CFS. Applicants may not cite websites as references in the application essays they submit. Applicants are encouraged to cite primary literature in their essays: articles from reputable journals and chapters from books published by reputable publishers.

WEBSITES

http://www.njcfsa.org	New Jersey Chronic Fatigue Syndrome Association, Inc.
http://www.cfids.org	CFIDS Association of America
http://www.iacfsme.org	International Association for CFS/ME, CFS Case Definitions
http://www.ct-cfids-fm.org	Connecticut CFIDS & FM Association, Inc.
http://www.dfwcfids.org	Dallas/Fort Worth CFS & FM Support Group
http://www.masscfids.org	Massachusetts CFIDS Association
http://www.wicfs-me.org	Wisconsin CFS Association, Inc.
http://www.pandoronet.info/	P.A.N.D.O.R.A., Inc., Florida
http://www.vtcfids.org	Vermont CFIDS Association, Inc.
http://www.aboutmecfs.org	Phoenix Rising: A Guide to CFS ME/CFS) Cort Johnson, email newsletter
http://www.ndrf.org	National Dysautonomia Research Foundation
http://www.offerutah.org	The Organization for Fatigue & Fibromyalgia Education & Research, Utah
http://www.cfidselfhelp.org	Bruce Campbell, CFIDS & Fibromyalgia Self Help
http://www.wpinstitute.org	Whittemore Peterson Institute for Neuro-Immune Disease (XMRV Research)
http://www.co-cure.org/	Listserve CFS/FM
http://www.chronicfatigue.about.com	CFS/FM About website
http://www.chronicfatiguesupport.com	ProHealth

FEDERAL GOVERNMENT ME/CFS WEBSITES

http://orwh.od.nih.gov/cfs.html	Office of Research on Women’s Health, Trans-NIH Working Group
http://www.cdc.gov/cfs/	Centers for Disease Control (CDC)
http://www.nih.gov	National Institutes of Health (NIH)
http://www.hhs.gov/advcomcfs	U.S. Department of Health & Human Services Advisory Committee

CHILDREN, ADOLESCENT & YOUNG ADULT WEBSITES

http://www.njcfsa.org	New Jersey CFS Association, Youth Corner
http://www.cfids.org	CFIDS Association of America, Youth Home Page
http://www.dynakids.org	Dysautonomia Youth Network of America, Inc.
http://www.iacfsme.org	International Association for CFS/ME, Pediatric Case Definition, 2007
http://www.wrightslaw.com	Educational related resources for Parents
http://www.yellowpagesforkids.com/help/nj.htm	Resources for Parents

NEWSLETTERS

New Jersey CFS Association, Inc. P.O. Box 477, Florham Park, N.J. 07932 (888) 835-3677 (toll free) \$30.00

International Association for CFS/ME (IACFS/ME), 27 N. Wacker Drive, #416, Chicago, Ill. 60606 (847) 258-7248,
\$40.00 patient membership

Connecticut CFIDS & FM Association, Inc., P.O. Box 3010, Milford, CT 06406 (800) 952-2037, \$25.00

CFS/FM Support Group of Dallas/Fort Worth, Texas, P.O. Box 433, Grapevine, Texas 76099 (817) 303-4851, free,

Wisconsin CFS Association, Inc. , 747 Lois Drive, Sun Prairie, WI 53590 (608)834-1001, \$25.00