

Press release: May 1, 2010 - Chris Christie, Governor of New Jersey, issued a State Proclamation declaring May, 2010 as Chronic Fatigue Syndrome Awareness Month. Governor Christie joins the New Jersey Chronic Fatigue Syndrome Association (NJCFSA) in recognizing Chronic Fatigue Syndrome (CFS) as a debilitating illness which affects over one million American men, women and children. The Governor's Proclamation devotes the month of May to raising awareness for CFS and showing support to all those challenged by CFS.

Chronic Fatigue Syndrome, also known as Myalgic Encephalomyelitis (ME), is a serious and often disabling illness that attacks multiple body systems, causing cognitive and neurological problems, swollen lymph nodes, fever, sore throat, muscle and joint pain, gastrointestinal problems, sleep disorders, incapacitating fatigue, post-exertional malaise, dizziness, and many other symptoms. Scientists are investigating factors such as exposure to infectious agents, environmental toxins, physical trauma and genetics and their complex interaction involved in the syndrome.

The New Jersey Chronic Fatigue Syndrome Association is a non-profit organization providing services and programs for patients and their families, offering high school and medical school scholarships, disseminating current information and promoting research into the cause(s), treatments and cure of CFS.

The State of New Jersey and the NJCFSA dedicate the month of May to increasing awareness of Chronic Fatigue Syndrome (CFS/ME) for the purpose of assisting patients whose educational, professional, and family lives have been disrupted by the illness.

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